



THE FOODBARN
100% PASSION • HANDMADE • REAL FOOD
NOORDHOEK • EST 2006

DELI SHOP FROZEN MEALS

FROZEN MEALS	LARGE	SMALL
BEEF BOURGUIGNON	R190	N/A
BEEF LASAGNA	R130	R68
VEGETABLE LASAGNA	R110	R58
BUTTER CHICKEN	R125	R65
THAI CHICKEN CURRY	R125	R65
THAI VEG CURRY	R110	R58
LAMB CURRY	R158	R80
COTTAGE PIE	R120	R65
MAC AND CHEESE	R110	R55
MEATBALLS (BEEF OR CHICKEN)	R130	R68
LENTIL DAHL	R82	R45
CHICKPEA TAGINE	R87	R45
RATATOUILLE	R110	R60
MOUSSAKA	R155	R80
POTATO GRATIN	R85	R48
BASMATI RICE	R37	R25
FISH CAKES	N/A	R70
CRUMBED HAKE		R88
FISH PIE	R195	
FISH CURRY WITH COCONUT	R185	
HOMEMADE SOUP 1L	R95	
SPINACH, MUSHROOM & RICOTTA	R160	
TRIBE & TROTTERS	R185	
TUNISIAN SHAKSHUKA	R95	
APPLE TART TATIN	R110	